

KSCA PRE-CONFERENCE WORKSHOPS

March 4, 2009 ALL DAY 6 Hour Workshops Time: 9:00-4:00

1. Developing the Elements of the ASCA National Model School Counseling Program. Levels: K-5, 6-8, 9-12

Description: Bring your school and/or district team to develop your ASCA National Model School counseling program! Groups will analyze their current school counseling program, and will develop the elements in the four areas of the ASCA Model for their school/district. Participants will use the ASCA National Model workbook and also the handbook to guide their program development. Your copies of the ASCA National Workbook as well as the Handbook will be sent to you upon registration in order to complete the current school data before the workshop. (The price of both is included in the registration fee.)

This workshop is limited to 50 participants.

Presenter: Dr. Judy Bowers, consultant for school counseling program worldwide, co-author of the 'ASCA National Model for School Counseling Programs'.

2. Understanding and Responding to Youth Who Self-Injure. Levels: K-5, 6-8, 9-12, Post-Secondary

Description: The goals of this workshop are to encourage understanding of self-inflicted violence and promote healing from the need for self-injury in a holistic and trauma-informed way. Self-injury is an intense and often misunderstood topic, greatly affecting the lives of those who live with self-inflicted violence as well as those who care about them. The presenter will explore the many meanings associated with the acts of self-injury, and identify what has been both helpful and hurtful in facilitating healing.

This workshop is limited to 25 participants.

Presenter: Ruta Mazelis is a nationally known author, editor of "The Cutting Edge" newsletter, and a consultant of the Sidran Institute.

3. When the Grim Reaper Comes to Our School. Levels: K-5, 6-8, 9-12

Description: Tragically, death visits many school campuses each year. This session will present a multitude of materials and intervention strategies to help the counselor be pre-prepared in the event of a sudden loss; including letters to the parents, strategies for supporting children, faculty and family, and way to promote counselor self care and much more.

This workshop is limited to 25 participants.

Presenter: Dr Cheryl Sawyer, Associate Professor of Counseling, Coordinator of the Counselor Education Program at the University of Houston-Clear Lake, Texas

4. Screening for Suicide and Homicide Risk for Victims of Bullying. Levels: K-5, 6-8, 9-12

Description: Participants will learn the common characteristics of bullying and suicide, the collective dangers of bullying and suicide risk and acquire 'a decision tree' for effective prevention and intervention strategies to divert children and youth from choosing a "permanent solution to a temporary problem".

This workshop is limited to 25 participants.

Presenter: Butch Losey, LPC, Director of Training at Child Focus Training Center in Cincinnati OH; national presenter on the subject of bullying and suicide. **Susan Graham**, LPC, Director of Education Liaisons for Child Focus, Inc.

March 4, 2009 MORNING 3 Hour Workshops Time: 9:00 A.M.-12:00 NOON

5. The Five Love Languages. Levels: K-5, 6-8, 9-12

Description: This workshop will present how to nurture relationships by teaching the fact that how we relate to others is generally the same way we want them to relate to us. Children and adults are "People who don't care how much you know-until they know how much you care". Using the five love 'languages', the presenter gives an understanding to why and how we relate to others and how these 'languages' are used to help give and get the feeling of caring.

This workshop is limited to 25 participants.

Presenter: Omar Morris, School Counselor, Barrett Middle School, Jefferson Co. Schools.

6. Rachel's Challenge Levels: K-5, 6-8, 9-12

Description: Rachel Scott was the first person killed at Columbine High School on April 20, 1999. This workshop's mission is to show educators how to eradicate violence, prejudice, bullying and overall hatred. The participants will see how Rachel's life and her tragic death can encourage people to positive change in the way they treat others.

This workshop is limited to 25 participants.

Presenter: Family member of Rachel Scott.

7. Relational Aggression. Levels: K-5, 6-8

Description: Explore relational aggression and take a closer look at the WHAT, WHY and HOW to help *stop girl bullying* through small group, classroom, and individual sessions.

This workshop is limited to 25 participants.

Presenters: Brittany Ford, Counselor, Camden Station Elementary, and Kerri Hammons, Counselor at Harmony Elementary, Oldham County KY

8. Relationships- How to Get Teachers and Students to "Stay on That Island". Levels: K-5, 6-8, 9-12

Description: Is your school's teacher's lounge already beginning to look like a set for the 'Survivor' show? Did your last faculty meeting look like it might need tiki torches and a first aid kit? Not only will you leave this session remembering why you went into education in the first place, but you will be LOADED down with ideas as well as practical strategies for keeping, pushing and MOTIVATING the kids in your school that are with you 'on the island'. If you want to have FUN and improve student performance in your school-come on in!!

This workshop is limited to 25 participants.

Presenters: Jenny Lynn Hatter, Supervisor of Instruction, Harrison County Schools, KY

9. Grief At School. Levels: K-5, 6-8 9-12

Description: This workshop focuses on childhood bereavement and grief by describing signs and symptoms of childhood grief. Current school intervention plans as well as barriers the school counselors encounter within the school system are discussed.

This workshop is limited to 25 participants

Presenters: Staci Holdeman and Chrissy Cummins, Educators with KCTCS

March 4, 2009 AFTERNOON 3 Hour Workshops Time: 1:00-4:00 PM

10. The Magic of Counseling Levels: K-5, 6-8, 9-12

Description: Counselors are truly magicians. In order for a magician to be effective, they have to be able to engage their audience, establish trust, make connections and inspire confidence. Sound familiar? In this workshop, Carl Olson will use magic and magic concepts to give counselors ideas for use with students. This workshop will be hands-on and fast paced-participants will leave with ideas and resources to go back to tie work setting and truly work magic!

This workshop is limited to 25 participants.

Presenter: Carl Olson is a middle school counselor with over 36 years experience from Barron, Wisconsin. He was our guest a few years ago. If you missed him then-be sure to see him this year!

11. Cyberbullying: Our Youth are Dying to Get Online. Levels: 6-8, 9-12

Description: Seventeen-year old Rachael Neblett died by suicide after being a victim of cyberbullying. Perspective about the problem, the effects, simple strategies, responses and warning signs are offered from her family and her principal. QPR Suicide Gatekeeper Training is included from CHFS.

This workshop is limited to 25 participants.

Presenters: **Sheila Stanton**, Jefferson Co. Public Schools, **Mark Neblett**, Make a Difference For Kids, **Dave Marshal**, Bullitt Co. Schools, **Jan Ulrich**, Cabinet for Health & Family Services

12. Tips for Establishing Collaborative and Ethical Parent/Guardian Relationships. Levels: K-5, 6-8, 9-12

Description: Examination of how best to establish positive and collaborative relationships with parents/guardians of minor children from legal and ethical lenses via specific KY statutes and ethical standards is stressed in this workshop as well as solutions for encouraging stronger parental/guardian relationships and increased involvement in their child(ren)'s education. Personal experiences will illustrate the successes and challenges. **This workshop is limited to 25 participants.**

Presenter: **Dr. Rebecca Farrell**, LPCA, Morehead State University. **Danny Whitaker**, Counselor, Camargo Elementary, and **Tonia Toy**, Counselor, Mapleton Elementary, both of Montgomery Co. KY Schools.

13. Making School a Place Kids Want to Be. Levels: K-5

Description: If school is a place kids want to be, then they come in anxious to learn, absenteeism decreases and school problems decrease. Counselors can be an integral part of making their school this kind of place. This interactive workshop will show counselors how to reach every student every day and offer all school programs that will motivate all students. Counselors will also learn ways to zero in on new pertinent topics such as grief and loss, study skills, ways to show teachers their support is appreciated and ways to make parents conference successful.

This workshop is limited to 25 participants.

Presenter: **Arden Martenz**-former school counselor, founder & President of MAR*Co Products, Inc.

14. Encouraging and Supporting Parents of Autistic Children. Levels: K-5, 6-8, 9-12

Description: Autism is the most common of the Pervasive Developmental Disorders. Research indicates that parents of children with autism are under extreme strain and stress. As school counselors, it is important that we understand autism in an effort to support and encourage these parents.

This workshop is limited to 25 participants

Presenter: **Debbie Lorence, LCSW, University of Louisville**

15. The Power of Collaboration: Principal+FRYSC+Counselor=Increased Academic Success.

Levels: K-5, 6-8, 9-12.

Description: This program will demonstrate the power of collaboration between the Principal, FRYSC, and the School Counselor. Participants are provided a framework from which to develop synergistic relationships for success.

This workshop is limited to 25 participants.

Presenters: **Gary Owens**, former counselor, leadership development specialist & consultant. **Mary Jo Gibson**, retired principal, **Becky Burton**, current FRYSC coordinator,

March 4, 2009 EVENING 3 Hour Workshops Time: 6:00-9:00 PM

16. Amazing Ways to Amaze. Levels: K-5, 6-8 9-12

Description: Have you ever had 5 to 10 minutes with students and would like to have something up your sleeve to occupy that time while building rapport? Attend this workshop and go away with your own bags of tricks to liven things up for making personal connections. Connecting with our students enhance learning-the tricks and activities taught in this workshop will help establish that connection- and it's fun!

This workshop is limited to 25 participants.

Presenter: **Carl Olson** is a middle school counselor with over 36 years experience from Barron, Wisconsin. He was our guest a few years ago. If you missed him then-be sure to see him this year!

17. Counseling Adolescent Males. Levels: 6-8, 9-12

Description: A foundation is provided to guide individual counseling for helping professional who are working with adolescent males. Participants will leave the presentation with knowledge regarding specific

issues when counseling this part of the school population. A review of successful intervention programs and strategies as well as handouts will be provided.

This workshop is limited to 25 participants.

Presenter: Dr. Tony Strange, Assistant Professor, Guidance and Counseling Program, University of Alaska Fairbanks.

18. Child and Adolescent Mental, Emotional and Social Well-Being Levels: K-5, 6-8, 9-12

Description: School counselors face a myriad of mental, emotional and social well-being issues. This presentation provides a repertoire of techniques that will help counselors be more effective and successful in a limited time frame. Implementation of empirically based techniques will be demonstrated from a strength based lens.

This workshop is limited to 25 participants.

Presenter: Dr. Rebecca Farrell, LPCA, Morehead State University.

19. Activity Bonanza. Level: K-5

Description: The workshop name says it all! Oodles of activities and ideas that are so popular with our kids- and that also help with so many of the issues prevalent in today's world. GREAT FUN!

This workshop is limited to 25 participants.

Presenter: Arden Martenz, former school counselor, founder and president of MAR*CO Products, Inc.